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## Clinical Director

Dr. J. Ryan Fuller is the Clinical Director of New York Behavioral Health. He is a clinical psychologist with more than 10 years of experience and a private practice located in Manhattan. He has given scientific presentations in the US, Canada, Russia, and India on a variety of topics including Aggression in the Schools, Scientific Methodology, Life Satisfaction, and Anger Management. He has extensive training in Cognitive-Behavioral Therapy and has treated hundreds of individuals and couples with a variety of issues.

He has published in peer-reviewed journals as well as in other media on the Role of Therapy in the Workplace, Coping Skills after Gastric Bypass Surgery, Loneliness and Weight Gain, and The Role of Interpersonal Relationships in Happiness.

Dr. Fuller has given professional trainings for federally funded programs such as the Centers for Obesity Research and Education (C.O.R.E.) and the Action for Health in Diabetes (Look AHEAD) trial. He has given public workshops on such topics as Overcoming Overeating, Procrastination, Communicating with Family Members, CBT for Obesity Management in Primary Care, Relaxation, Supporting Diabetic Patients, Behavior Modification in Daily Life, REBT, Addictions, Couples Therapy, Internet Dating: The 21<sup>st</sup> Century, Coping with Unemployment, Dealing with Clutter, and Time Management & Organization.

He is also a lecturer at New York University (NYU), and is an Editorial Board Member for the *Journal of Rational Emotive Cognitive Behavior Therapy* and is an Ad Hoc Reviewer for *Health Psychology*, *Journal of Behavioural and Cognitive Psychotherapy*, and *Psychological Reports*.

*Cover Image By D Sharon Pruitt*

## Love Someone With An Addiction?

Do you feel...

*Lonely, confused  
exhausted, ashamed, or  
angry?*

*You are not alone.  
We can help.*

*Work with people who  
understand and create a safe  
place for YOU to heal.*

*You deserve it.*

**For information call 646-495-3078**

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## NYBH Partners to Recovery Group

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